



# WHENUAPAI SCHOOL NEWSLETTER 6

14 Airport Road, Whenuapai Phone: 09 416 8779 Email: [office@whenuapai.school.nz](mailto:office@whenuapai.school.nz)

## A WORD FROM OUR PRINCIPAL...

### ASSEMBLY DATES

**Friday 1<sup>st</sup> June**

9.15am – Year 0-1

**Friday 8<sup>th</sup> June**

9.15am – Year 2-3

**Friday 15<sup>th</sup> June**

9.15am – Year 0-1

**Monday 18<sup>th</sup> June**

9.10am – Year 4-8

**Friday 22<sup>nd</sup> June**

9.15am – Year 2-3

**Friday 29<sup>th</sup> June**

9.15am – Year 0-1

**Monday 2<sup>nd</sup> July**

9.10am – Year 4-8

**Friday 6<sup>th</sup> July**

9.15am – Year 2-3

### DATES FOR YOUR DIARY

**Monday 28<sup>th</sup> May**

5.30pm BOT Meeting

**Tuesday 29<sup>th</sup> May**

ICAS Science

**Wed May 30<sup>th</sup> – Fri 1<sup>st</sup> June**

Year 5/6 Camp

**Thursday 7<sup>th</sup> June**

Year 7/8 Open Day

**Wednesday 13<sup>th</sup> June**

8.30am - Uniform Sale

7.00pm PTA Meeting

**Friday 22<sup>nd</sup> June**

Knowledge-a-thon

**Friday 6<sup>th</sup> July**

Sausage Sizzle Lunch

### TERM DATES

**Term 2**

30 April – 6 July

**Term 3**

23 July – 28 September

**Term 4**

15 October – 20 December

Dear Parents and Caregivers

Term 2 continues to be full of amazing learning, wonderful parent support, opportunities beyond the school gate and lots to celebrate.

It was an absolute pleasure this morning to hear for the first time Tui Team's team song. Congratulations to the talented song writers who were guided by Mrs Powell. I am sure that if you are a Tui Team parent you have heard or will hear their song many times.

On Tuesday and Wednesday next week, Constable Lorena McCabe will be in to revisit with each class key learnings from the Keeping Ourselves Safe programme.

We wish Year 5/6 a wonderful 3 days at camp next week. We are very much hoping that the weather will be kind.

This week all staff completed four hours of basic First Aid training to ensure they are current. Sera Terrazas and Jo Wright attended an eight hour intensive course on Thursday.

The first of our ICAS assessments start on Tuesday with 'Science'. We wish all those students who are involved all the very best.

This week we had an external PB4L evaluation to see how we are progressing with the implementation of PB4L at Whenuapai School. The data will be used by the PB4L Team on Tuesday to identify and plan for our next steps.

I have included an article for your interest called 'How to build resilient kids'.

As always, thank you for your on-going support. I wish you all a wonderful weekend.

*Ko te ahurei o te tamaiti arahia o tatou mahi.*

*Let the uniqueness of the child guide our work.*

Kind regards,

Raewyn Matthys-Morris, Principal

## Whenuapai School Values

- ◆ Respect ourselves
- ◆ Respect others
- ◆ Respect learning
- ◆ Respect environment



## HEALTH & WELLBEING

We would like to remind parents/caregivers about the spread of viruses in school.

If your child is unwell please keep them home.

Information on a number of conditions or illnesses can be found on the website below. Please see a doctor if you are concerned.

<http://www.health.govt.nz/your-health/conditions-and-treatments>

## Second Hand Uniform

Any parents who had second hand uniform in the uniform shop to be sold on behalf, we can no longer provide this service. If you would like this uniform returned, please contact the PTA on [pta.whenuapai@gmail.com](mailto:pta.whenuapai@gmail.com). Any items remaining at 31 May 2018 will be donated to the PTA.

## Lost Property

Please check the lost property (located in hall foyer) and collect your child's belongings.

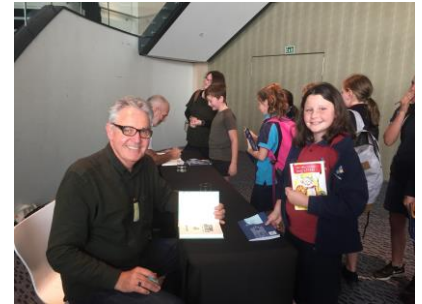
The PTA will sort through the lost property on the 8th June. Any unnamed uniform items will be collected, cleaned and sold at the PTA secondhand uniform sale.



## MEETING GAVIN BISHOP

The writers festival was an amazing opportunity to inspire writers of all ages.

I got to meet one of my favourite authors, Gavin Bishop. It was so exciting when my turn finally came for my book to be signed by him. I have two of his books which are Teddy One-Eye and Bidibidi. He has written over 60 books. Being at the writers festival it felt different to all the other feelings I've ever felt, it felt even better. After the writers festival, I had a bit more understanding of how to write a structured story with a solid storyline. I would definitely like to go to writers festival next year. **BY MIA COX**



## WHENUAPAI SCHOOL GARDEN

Our worm farm and compost bin are up and running. We have fabulous small black buckets with green lids beside our big rubbish bins. Some of us are compost and worm farm monitors, this means at lunch times we collect the food scraps and put them in the right place. Worms do not eat everything so we have to check the bins carefully. Our worms also have a blanket to keep them warm over winter.

Our Year 5/6 students have put our strawberries to bed for the winter, snugly wrapped up in straw. We have planted some broccoli, cabbage, cauliflower, onions and rhubarb. Our Year 5/6 classes have created a carrot garden and we are the Guardians of the Carrots. Miss Mason bought some carrot seed tape- we didn't know what it was at first. When the carrots grow the Year 5/6 classes are going to have a carrot off- this means we are going to see which class can be the most creative with carrots!

**Trees for Survival** - Our planting units have arrived, thanks to RNZAF for sponsorship. Our garden shed will house our supplies- we will have 1000 seedlings dropped off soon so we need to get our shed up and running.

### THANK YOU MITRE 10 PONSONBY!!

We have had a garden shed donated from Mitre 10 Ponsonby, thanks to Warren May. It's a table roof and the size is 2093x 2785.

**Is there anyone available to pick this up and deliver it to school?**

We also need some volunteers to build it. If you can help out please email Maureen Mason at:

[maureenm@whenuapai.school.nz](mailto:maureenm@whenuapai.school.nz).



# SPORT

## NorWest Orienteering

Over 40 students from Whenuapai School attended the NorWest Orienteering competition. The team were supported by many parents and the school achieved some notable results. Particularly to the following students in Year 5 and 6 who won their divisions.



Year 5 Boys	Michael Morton	Year 6 Boys	Javahn Narayan
Year 5 Girls	Holly Christianson	Year 6 Girls	Samantha Jenkinson

Congratulations to **Rebecca Meyer** who qualified for the Interzone Orienteering Championships by being the fastest Year 8 girl on course 2. Congratulations to all these students and to each student that competed. Thanks to all the parents that assisted with transport and supervised and to Karl Ganda for attending the event as the support teacher.

## Interzone Tag

The Year 7 & 8 Boys Interzone Tag team attended the Interzone Tag competition on Tuesday 8th May at Cornwall Park and performed very well. The team were supported by parents and Alisha Geary as the supporting teacher. Congratulations to all the players for their commitment to training, preparing for the event and to their performances on the day. The organiser said it was a great day and it was great to see the competitiveness of every team. The eventual winners of the event were Pt England who won the Boys grade and Henderson Intermediate who won the girls section. Thanks on behalf of the school to those parents that assisted with supervision and transport on the day.

## Norwest Boys Soccer

The Whenuapai Boys soccer team were represented at the Norwest Soccer tournament on Tuesday 22 May at Huapai Domain. The weather was predicted to be poor but the day turned out to be fine and the competition went ahead as planned. The boys team played three games in pool play against Kaukapakapa which they won 5-0, then Riverhead which they won 6-0 and then against Lincoln Heights which they unfortunately lost 4-0.

This meant the boys placed second in their pool so they played the second placed team from pool A, Taupaki. Whenuapai won that game 2-0 and then progressed to the 5<sup>th</sup> and 6<sup>th</sup> playoff game. The event was running behind schedule so the 5<sup>th</sup> and 6<sup>th</sup> playoff game did not go ahead. The school would like to thank the parents that assisted on the day and supported with transport. To all the players, you represented the school with commitment and respect and were worthy ambassadors for Whenuapai School on the day.

## Harcourts and Co Rippa Rugby Tournament 2018

The first of the Harcourts and Co North Harbour Rippa Rugby tournaments was held on Thursday 17th May at Moire Park Massey.

Whenuapai School had four teams represent the school with two Year 5 & 6 teams and two Year 3 & 4 teams. There was a boys and girls team in each year level and all the teams played extremely well.

There were some first time players and some other students that had played before. Each and every student can be proud of their performances.

The Whenuapai teams had some close games with some wins and although not every game was won, the players showed commitment and teamwork with honest efforts.

The school would like to thank all parents that assisted with transport and supervision plus the parent leaders who coordinated for each team. We look forward to our second competition day which is later in the term on Thursday the 28<sup>th</sup> of June.

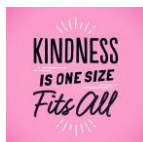


# PINK SHIRT DAY

Last Friday our school was a sea of pink for Pink Shirt Day! What a wonderful way to end Kindness Week.

Thank you all for the gold coin donations. We raised a fantastic **\$232.70**.

Your donation will go to the Mental Health Foundation.



## PTA NEWS

**13th June** - 2<sup>nd</sup> Hand Jumper Sale      **22nd June** – Knowledge-a-thon      **6th July** - Hellers Sausage Sizzle

**Second hand Jumper & Uniform Sale - 13<sup>th</sup> June** - There will be a large selection of second hand jumpers for sale as well as a small section of brand new terracotta jumpers and t-shirts at a reduced price. Sale will be in front of the school office from 8.30am - 9.15am. **Cash only please.**

\*If you would like to donate your old uniforms to the PTA to help raise funds, please drop them to the office in a labelled bag.

\*All unmarked jumpers and hats in the lost and found will be washed and sold at the uniform sale so parents, please have a look through before June 6th

**Knowledge-A-Thon – 22<sup>nd</sup> June** - On June 22nd the knowledge-a-thon will be held; a letter will be going home with your child prior to this with information about sponsorship and questions.

**Sausage Sizzle – 6<sup>th</sup> July** - On July 6<sup>th</sup> there will be a sausage sizzle at lunch time to wrap up term 2. Hellers have kindly donated the sausages and closer to the time we will send information home about how to order using Kindo.

**Entertainment books** - You can order 2018-2019 Entertainment books online now. Hard copies of the book are available as well as digital copies. <https://www.entertainmentbook.co.nz/orderbooks/952m82>

### Quiz Night – 2<sup>nd</sup> November

We are looking for people to get involved in organising and running the Quiz Night which will be held on November 2nd. This great evening was a lot of fun and helped to raise a large amount that we were able to pour back into the school! Please contact Pam if you would like to learn more at [pta.whenuapai@gmail.com](mailto:pta.whenuapai@gmail.com)

*We would love you to join us on Facebook - please 'like' the [Whenuapai School PTA Helpers Page](#) to stay up to date with PTA events and when help is needed.*

### KEY CONTACTS

Principal – Raewyn Matthys-Morris	<a href="mailto:rmatthys-morris@whenuapai.school.nz">rmatthys-morris@whenuapai.school.nz</a>
Deputy Principal – Carla Veldman	<a href="mailto:cveldman@whenuapai.school.nz">cveldman@whenuapai.school.nz</a>
SENCO - Sharron Buer	<a href="mailto:sharronb@whenuapai.school.nz">sharronb@whenuapai.school.nz</a>
HOD – Sport	<a href="mailto:gregb@whenuapai.school.nz">gregb@whenuapai.school.nz</a>
Board of Trustees	<a href="mailto:wsbot@whenuapai.school.nz">wsbot@whenuapai.school.nz</a>
PTA	<a href="mailto:pta.whenuapai@gmail.com">pta.whenuapai@gmail.com</a>
SKIDS After School Care	<a href="mailto:whenuapai@skids.co.nz">whenuapai@skids.co.nz</a>
<b>Team Leaders</b>	
Year 0-1 – Carli Michelsen	<a href="mailto:carlim@whenuapai.school.nz">carlim@whenuapai.school.nz</a>
Year 2-3 – Carla Veldman	<a href="mailto:cveldman@whenuapai.school.nz">cveldman@whenuapai.school.nz</a>
Year 4 – Chris Groen	<a href="mailto:chrisg@whenuapai.school.nz">chrisg@whenuapai.school.nz</a>
Year 5-6 – Maureen Mason	<a href="mailto:maureenm@whenuapai.school.nz">maureenm@whenuapai.school.nz</a>
Year 7-8 – Karl Ganda	<a href="mailto:karlg@whenuapai.school.nz">karlg@whenuapai.school.nz</a>

### ONLINE PAYMENTS

Payments can be made via our online school shop at [mykindo.co.nz](http://mykindo.co.nz)

Any queries please contact Mr Tony Hitchcock via email at: [hitchcock@whenuapai.school.nz](mailto:hitchcock@whenuapai.school.nz)

#### For any Direct Debit payments:

**Bank Account details:** 12 3085 0494188 00

**Reference:** Students Name

**Details:** The activity the payment is for

If you pay online for more than one activity or pay for more than one student and various activities, please email Tony detailing what payments are for.

**For our Policies and Procedures please visit SchoolDocs at: [www.schooldocs.co.nz/](http://www.schooldocs.co.nz/) User- whenuapai Password- airport**

Copyright: Except where stated, the content on this site is the copyright of SchoolDocs Ltd.

It may not be reproduced without written permission from SchoolDocs Ltd.

# PRINCIPALS' DIGESTS

30 Palliser Drive • Hamilton • NZ 3210 • Tel 07 855 7101

digests@xtra.co.nz • www.principalsdigests.co.nz

Digests may be copied and distributed in the school community of the subscriber.

Newsletter

Volume 23 Number 24

## HELPING CHILDREN COPE

Resilience in the face of adversity isn't a fixed personality trait. Resilience is an ability we can help children build. This is an important fact for children who suffer from a serious illness or experience a grievous loss or setback.



### What are the best ways that parents can support traumatised children?

- **Tell them they are loved and are not alone.** Children need to hear this over and over again.

- **Show them that they matter.** This is the question children ask as they grow up: Do I make a difference to others? Do other people notice me, care about me and rely on me? When young people think that they don't matter, they're more likely to engage in self-destructive and antisocial activities, or simply withdraw.

- **Companionship.** Parents and other adults can make a difference simply by walking alongside troubled children and listening with undivided attention, forming warm relationships, communicating openly and allowing children to talk about their thoughts and fears.

- **Discuss coping mechanisms.** These can include understanding that:

- It's okay to be sad and take a break from any activity and cry.

- It's okay to be happy and laugh.
- It's okay to be angry and jealous of friends and relatives who are not suffering.
- It's okay to say to anyone that we do not want to talk about it now.
- It's okay to ask for help.

- **Establish positive rituals.** This could be something like a family dinnertime practice of each person sharing the best and worst moments of the day – the things that made them sad and those that made them grateful.
- **Embrace family history.** Having a sense of their roots builds children's sense of mattering, of being connected to something larger than themselves. This includes knowing where their parents and grandparents grew up, what their childhoods were like and how the family fared in good times and bad.

- **Keep memories alive.** Remembering a loved one who has been lost builds mental health and even physical health over time.

Acknowledgement: "How to Build Resilient Kids, Even After a Loss" by Sheryl Sandberg in *The New York Times*, April 24, 2017